

Understanding Consent

Just because they accepted the tea in the past, doesn't mean they will want in the future.



Positive consent can look like this:

When both participants explicitly agree to certain activities, either by saying "yes" or another affirmative action. Both participants should feel comfortable.

Initially, they said yes to having tea but then they changed their mind. You understand that they did not feel like tea anymore.



It does NOT look like this:

When one participant is angry at the other for not going ahead with their plans. They refuse to acknowledge 'no' and use pressure or intimidation tactics to get what they want.

Consent is about constant communication.

Consent is an agreement between both participants and it should happen every time. Giving consent for one activity, one time, does not mean giving consent every time.



They accepted your offer and are delighted to have tea. You have made it clearly to their specifications.

You can change your mind at any time.

You can withdraw consent at any point if you feel uncomfortable and the other person must accept your choice.



You decide to not take no for answer and that all they need is a bit of persuasion. You start to force them into having the tea they did not want.